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RI President 2025-26

Dr Manish Motwani  
Dist. Governor 2025-26

# BEACHWATCH

Rotary Year 2025-26

Volume 24 : 15<sup>th</sup> October 2025

Club President: Bhavna Pandya | Club Secretary: PP Yogini Shah | Editor-in-Chief: Pradeep Parikh



**Rtn. Bhavna Pandya,**  
President, RCBJB

## PRESIDENT'S COMMUNIQUE

Dear Rotary Family,

I am filled with immense gratitude and excitement as we continue this journey together. This year, our focus remains steadfast on impactful community service, meaningful fellowship, and active membership engagement.

Our special initiative, 24 Projects in 24 Days, stands as a testament to our shared resolve to serve with purpose and passion. In just 3 months, we have already completed 56 projects, a remarkable achievement made possible by your dedication and teamwork.

Our Medical Team deserves special appreciation for completing 33 projects, in these first 3 months, vocational-14 projects and Non medical -16 projects, significantly benefitting our community's well-being.

On 16th September, seven women from our Club visited our Vocational Project at Chiplun, a truly inspiring experience we fondly call "Jungle mein Mangal."

The installation ceremony of our young partners in service, our Interactors and Rotaractors, was a truly heartwarming experience. Their fresh perspectives and enthusiasm infuse tremendous energy into our joint initiatives, inspiring us to serve with renewed passion.

In line with the District's initiatives, our Club continues to uphold strong fellowship and active participation among both senior and new members. We thank Past President Ojas Dave for hosting a Fireside Meeting in September and Past President Tejas Dave for hosting another in October, both wonderful opportunities for bonding and sharing ideas.

Rotary fellowship events have always been the heartbeat of our Club. In September, 22 couples enjoyed a memorable two-night, three-day trip to Nashik, blending two beautiful vibes, music and culture. From a soulful brunch with a melodious singer at Chandon Wines to exploring the heritage of Panchavati and enjoying an authentic Maharashtrian lunch, it was truly a weekend to remember.

October, the month of celebration, began on a joyous note. On 12<sup>th</sup> October, 60 Members, Anns and Annas had an unforgettable Diwali Fellowship Celebration at LUFT – The Air, with lively Antakshari and Garba performances led by the talented singer Rupa Dagli.

Looking ahead, on 3<sup>rd</sup> December, our Anns will travel for a two-night, three-day visit to the President's village to experience the roots of Bharat.

Our Club continues to build strong momentum through service projects, fellowship gatherings, and impactful outreach programs. Under our flagship initiative "UDAAN", we reaffirm that education is the foundation of progress. Our efforts in upgrading tribal schools and supporting literacy initiatives are empowering young minds and shaping a brighter future for Bharat. Let us continue to be the light that guides others toward knowledge, empowerment, and hope.

My heartfelt thanks to my dedicated team for their relentless efforts in ensuring our service reaches those who need it most, and to all our members for their wholehearted support and participation.

Together, let's keep the Rotary spirit soaring high!



Installation of  
**President Bhavna Pandya**  
and her Team of Directors.

Launch of RCBJB Bulletin  
at the hands of  
**DG Manish Motwani**



## INTERNATIONAL MEETINGS BY MEMBERS

Member Rtn Pradeep Parikh met the Rotary Club of Edgbaston Convention, Birmingham, UK a forty years distinguished club. They will partner with us in projects in the near future.

The President, Dr. Peter Mayer, recently received the British Empire Medal for meritorious services to the nation.

Had the pleasure of meeting DG Jonathan Wilding of District 1060.



With DG Jonathan Wilding, of District 1060



Handing over the RCBJB flag to President Peter Mayer



Member Rtn Mona Mehta  
had the pleasure of  
attending the weekly  
meeting of the Rotary Club  
of Bellevue, a dynamic club  
founded in 1961 and now  
140 members strong.

# FIRESIDE MEETING



As we all know, a Fireside Meeting is a wonderful way to welcome new members and share information about our Rotary Club in an informal and friendly setting.

The purpose of the meeting was to:

- Build camaraderie among members
- Share Rotary's mission and values
- Discuss club activities and projects
- Encourage new members to get involved

Our first Fireside Meeting for the year 2025–26 was held on 10<sup>th</sup> August over a delicious breakfast at PP Ojas Dave's residence.

It was a morning filled with warmth, fellowship, and inspiring conversations. Members

exchanged ideas, shared experiences, and strengthened the bonds that make our Rotary family so special.

## Attendees:

- Charter President Dr. Deepak & Sheela Dave • Bhavna & Jayesh Pandya • PP Yogen & Shivali Shah
- PP Ojas & Shradha Dave • Naresh & Heena Raveschia • Nishit & Dipali Jhaveri • Rajeev & Sonali Gandhi
- Sudhir Shah

A heartfelt thank you to PP Ojas Dave for taking the initiative to host this meaningful first gathering of the year.



## RCBJB's Second Fireside Chit Chat

Graciously hosted by PP Rtn Tejas Dave and Ann Sheetal Dave at their residence.

The evening was attended by:

- Rtn Aaditya Parekh
- Rtn Sweta Dalal & Samish Dalal
- Rtn Umesh Merchant
- Rtn Bina & Nishit Patel
- Rtn Prakash & Chandrika Patel
- Rtn Yogini & Vijay Shah
- Rtn Mona & Amit Shah

It was a delightful evening blending Rotary camaraderie with casual conversation, laughter, and light-hearted fun.

The evening was further enriched by delicious food and warm fellowship — truly reflecting the Rotary spirit!

With warm regards,

Dr. Mona Shah

## Membership Di

## RCBJB JULY ACTIVITIES



16<sup>th</sup> July - Grain Donation to Bachatghad NGO Ladies



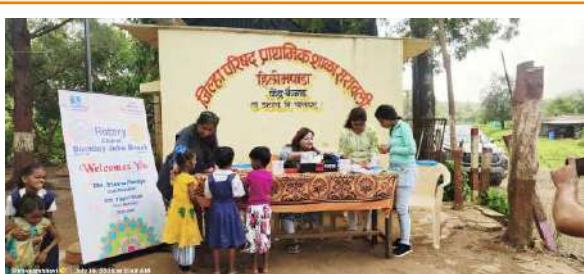
17<sup>th</sup> July - Craft Kit Distribution, Bechpada, Vardhapada & Dhundhulwadi Schools



18<sup>th</sup> July - Mattress, Bedsheets & Pillow Cover and Blankets to Dhundhalwadi Ashramshala School



19<sup>th</sup> July - Shikhsha Setu Seminar for Digital Awareness at Saravali School, Dahanu



20<sup>th</sup> July - Blood Grouping Drive for Students at Saravali Hilimpada School, Dahanu



21<sup>st</sup> July- Donation of Sewing Machine to Specially-Abled Students at Nanavati College



22<sup>nd</sup> July- Visit to Nehru Planetarium - Special Day for Anandi Special School Kids



23<sup>rd</sup> July- 5 Wheelchairs and Ration Kits to Cancer Patients at Anand clinic



24<sup>th</sup> July - Breast Screening and Awareness Talk at Valia College

# GLIMPSE OF PROJECTS



28<sup>th</sup> July - A Noble Act of Love and Remembrance



31<sup>st</sup> July - J&B Healthcare Clinic Inauguration  
Blood Sugar Test and Bone Density Test



1<sup>st</sup> August - Blood Donation Camp at Malad West



4<sup>th</sup> August - Distribution of Notebooks at Bechpada School



4<sup>th</sup> August - Distribution of Educational Charts  
at Bechpada School



5<sup>th</sup> August - Blood Grouping for Students  
at Sanyas Ashram



11<sup>th</sup> August - Blood Donation Camp at Andheri Station



12<sup>th</sup> August - Menstrual Hygiene Awareness at  
Sanyas Ashram School



12<sup>th</sup> August - Freedom for Girls 2025-26 - Edition 1  
Distributed Sanitary Pads to Girls at Sanyas Ashram



13 August - Freedom for Girls 2025-26 - Edition2  
Distributed Sanitary Pads for full Year to Girls at  
Kanbai Lalbai School



13<sup>th</sup> August - English Speaking Classes  
at Kanbai Lalbai Gujarati School



15<sup>th</sup> August - Independence Day



21<sup>st</sup> August - Freedom for Girls, Distributed Sanitary Pads  
for full Year to Girls at ShishuKalyan School  
for Special Children



23<sup>rd</sup> August - Anna Dan



23<sup>rd</sup> August - Blood Donation Drive with  
Brahmakumari BSES Hospital



23<sup>rd</sup> August - CBC and BMD Drive for Staff of Sane Guruji School, Santacruz



25<sup>th</sup> August - Blood Donation Drive at Brahmakumari BSES Hospital



26<sup>th</sup> August - Awareness Talk at Valia College



31<sup>st</sup> August - Blood Donation Drive with Shree Sai Darshan Mitra Mandal, Malad West.



1<sup>st</sup> September - Bone Mineral Density Screening Camp at Khetwadi Ganesh Pandal



09<sup>th</sup> September - Teachers Day Celebration at Sanyas Ashram School



11<sup>th</sup> September - Lantern Making Class at Kanbai Lalbai School



11<sup>th</sup> September - Yoga classes at Shishu Kalyan School



13<sup>th</sup> September - Lantern Making at Vidyanidhi School



15<sup>th</sup> September - Embroidery Kit Distribution to 20 Young Women, Empowering them with Livelihood Skills at Chiplun



17<sup>th</sup> September - 150 kgs of Food were Donated to Shree Nityanand Ashram for Senior Citizens



17<sup>th</sup> September - Blood Donation Camp at Jogeshwari on PM Modi's Birthday. 79 units were collected



19<sup>th</sup> September - Thalassemia Awareness Camp at Valia College



21<sup>th</sup> September - Breast Screening Done for 40 women at Kapil Utkarsh Kendra



21<sup>st</sup> September - Bone Mineral Density Test for 104 Persons at Kapil Utkarsh Kendra



21<sup>st</sup> September - Blood Donation Drive at Valia College



05<sup>th</sup> October - Anna Dan, Essential Food Items and Diwali Sweets Distribution

No of Cataract Surgeries



2 Surgeries Done

## A Rotaract Club, That Undertakes Various Social Initiatives.



**Nivaaran** - The Shade of Care. RCBJB and its Rotaract club, jointly distributed umbrellas and traditional mats to 58 families, in the rainy season at Makadchola village, Palgha on 13<sup>th</sup> July 2025

**Siksha Setu – A Professional Development** - On 19<sup>th</sup> July, Siksha Setu was conducted at Saravali School, Dahanu, in collaboration with the Rotary Club of Bombay Juhu Beach. The seminar introduced 40+ students to the responsible and safe use of digital tools and platforms, fostering awareness and equipping them with essential skills for the digital age.



Rotaract Club of Bombay Juhu Beach collaborated with Shri Vardhaman Jagruti Yuvak Mandal to provide essential medicines to cancer patients and distribute fruits, milk and other food items to more than 450 patients and their family members, at Tata Memorial Hospital, Parel on October 08, 2025

## INTERACT INSTALLATION



9<sup>th</sup> July  
**Interact Club of Billabong-**  
**President: Yuvraj Naik**

9<sup>th</sup> July  
**Interact Club of Billabong  
High International School**

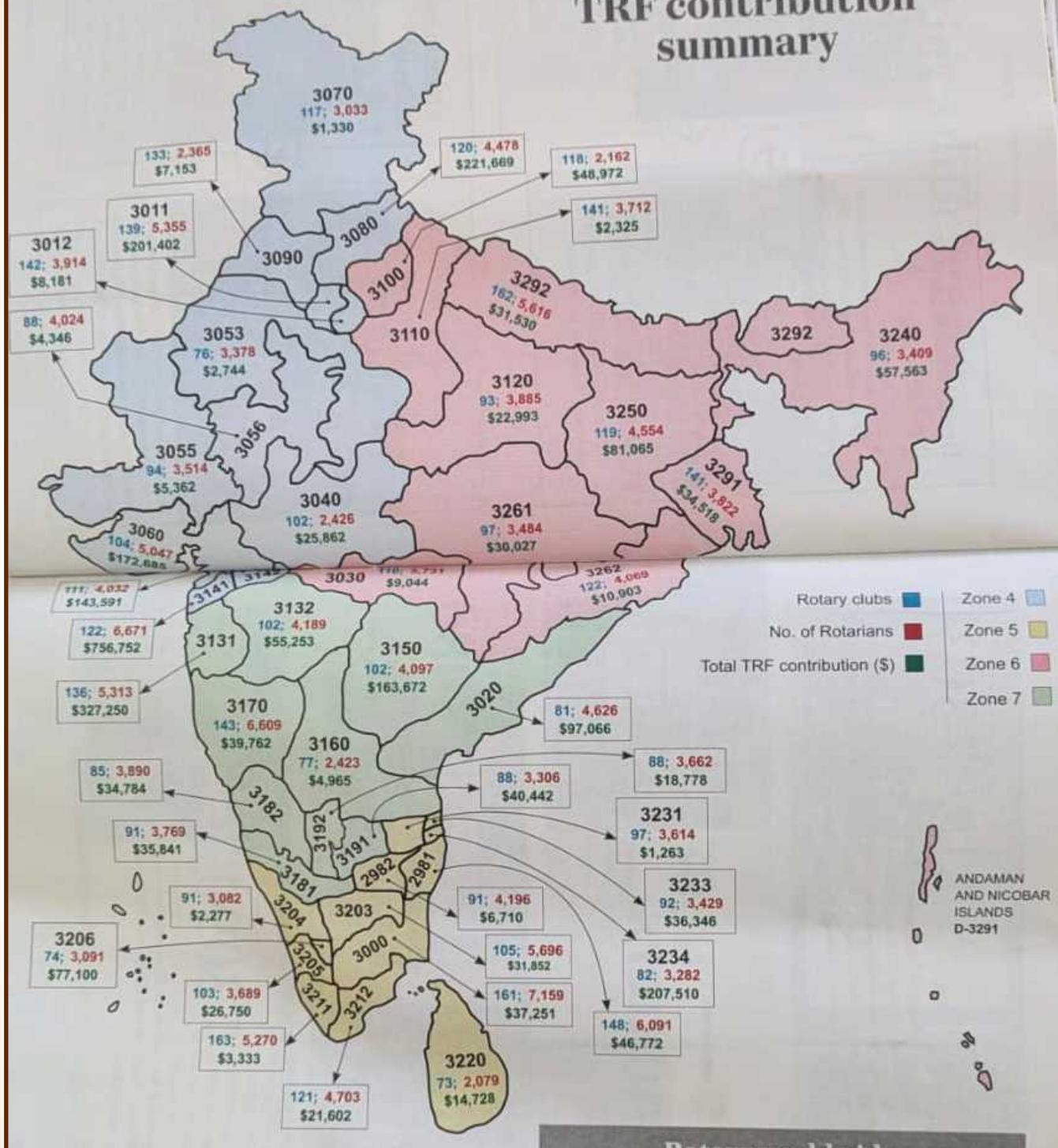


## ROTARACT INSTALLATION

12<sup>th</sup> July  
**Rotaract Club of  
Bombay Juhu Beach -**  
**President: Anshuman Dash**  
**At President  
Bhavna Pandya's Residence**



## Membership & TRF contribution summary



### Rotary worldwide

\*Membership figures as on September 1, 2025.  
\*\*TRF contribution figures as on August 31, 2025.

Rotaract clubs :	9,680	Rotaract members :	136,499
Interact clubs :	18,041	Interact members :	415,081
RCCs :	14,191		

As on September 23, 2025

## INSPIRING PERSONALITIES.



**Sivaramakrishna Iyer Padmavathi**

In the year 1917, a Tamil Indian girl was born in a middle class family at Rangoon, Burma, where her father had gone for a living. He named her **Sivaramakrishna Iyer Padmavathi**. At a time when women were traditionally confined to the kitchen/illiterate, the middle class girl did MBBS from Rangoon Medical College.

When the Japanese invaded Burma, they briefly returned to their traditional home in Coimbatore. In 1949, she went to London to do an FRCP, then unimaginable for a Female Indian doctor. She was selected to study further at Johns Hopkins University, US, where she trained under the legendary cardiologist Helen Taussig. Thereafter, she moved to Harvard University, where she trained under the Father of Cardiology- Paul Dudley White.

When a glorious cardiology career awaited her in the US, she was firm in returning to India & serving Indians. She joined Lady Hardinge Medical College in 1953, to become India's First Lady Cardiologist.

S.I. Padmavathi started India's first Cathlab & exclusive Cardiac Clinic. Started India's first DM Cardiology course. She founded the All India Heart Foundation (AIHF) in 1962, to serve the poor & needy. She joined Maulana Azad Medical College in 1967, by which time her fame had spread. The Indian Govt under Indira Gandhi honoured her with the Padma Bhushan, that year.

She was the cardiologist & administrator of 3 great colleges at the same time- MAMC, G. B. Pant Hospital & Lok Nayak Hospital. She retired as Director, MAMC in 1978.

She set up the National Heart Institute (NIH) in 1981, at Delhi. At age 90, Padmavathi became a fellow of The European Society of Cardiology in 2007.

Till age 95, (year 2015), Padmavathi worked 12 hours a day, five days a week, to serve poor and needy Indians, with state-of-the-art Cardiac Care. She retired from active practice, that year. The Government of India bestowed India's second highest Civilian Award, the Padma Vibushan on S.I. Padmavathi in 1992.

Both Padmavathi and her sister Janaki(neurologist) remained single and started the Janaki-Padmavathi trust, pouring in their entire earnings to start a trust to provide poor people with money for life-saving Heart Surgeries.

After dedicating her entire life to serving the poor in the field of Cardiology, S.I. Padmavathi passed away in 2020, at age 103 from Corona.

Imagine the steely resolve, vision, brilliance and sheer determination of this iron-lady to shatter the glass ceiling in achieving all these, serving poor Indians with quality cardiac care, and finally giving away all her wealth to her fellow citizens.

Most of the DMs I get are about: How do I get through USMLE or PLAB? What salaries can I get? Quality of Life? Citizenship?

Here is an inspiring story of the first female cardiologist of India, who achieved so much by returning to her country. Tamilnadu & India should be mighty proud of their daughter- Sivaramakrishna Iyer Padmavathi!



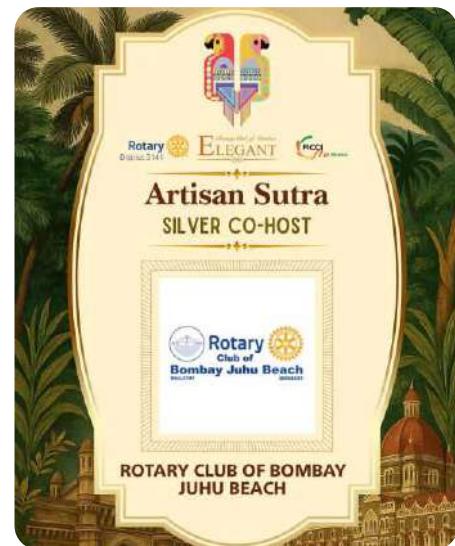
## LIST OF CO-HOSTED EVENTS



TRF - Seminar



District Garba Night



Co-host -  
District Exhibition  
Artisan Sutra

## FELLOWSHIPS



**19<sup>th</sup> Sept to 21<sup>st</sup> Sept:** The Chandon picnic at Courtyard Marriott, Nasik, was a memorable one. We enjoyed every bit of it from... good food to good company to good fellowship. It was well attended by 19 couples. It was a perfect blend of fun and devotion-we enjoyed temple visits and the aarti as well. Here are some pics of the memorable event.



27<sup>th</sup> Sept, Navratri celebrations hosted by Rtn Smita & Kashyap Shah



Our Club Diwali Party was celebrated at Luft Air, on October 12<sup>th</sup>. We had a fantastic time with a super competitive (and musical!) round of Antakshri, followed by everyone hitting the floor for some energetic Garba. It was wonderful to see all 60 members celebrating the festival of lights together.

## CLUB ASSEMBLY ON 29<sup>TH</sup> JULY



## SPEAKER MEETINGS



1<sup>st</sup> Speaker Meeting was on 12<sup>th</sup> August. **Dr. Jigna Batavia** spoke on the subject, Brahmavidya, a path to self discovery and inner peace



2<sup>nd</sup> Speaker Meeting was on 9<sup>th</sup> Sept, by **Dr. Lucky Kasat**. Well known Dr. Kasat enlightened us on the fascinating subject of Mahakumbh 2025. A first hand experience to motivate spiritually.

# UPCOMING EVENTS CALENDAR FROM OCTOBER TO DECEMBER :

**17 OCTOBER 25**

District Diwali Event

**26 OCTOBER 25**

Speaker Meeting  
with Breakfast at  
President's House

**02 - 09 NOVEMBER 25**

RSW -  
Rotary Service Week

**02 NOVEMBER 25**

Eye Care

**03 NOVEMBER 25**

Cyber Crime  
Awareness

**04 NOVEMBER 25**

Blood  
Donation Drive

**05 NOVEMBER 25**

Cancer Screening  
Breast & Cervix

**06 NOVEMBER 25**

Senior Citizens

**07 NOVEMBER 25**

Vocational Awards -  
Unsung Heroes

**08 NOVEMBER 25**

Specially Abled - RCBJB is  
organising a Fun Fair for  
the Specially abled.  
We are the Lead Host Club  
for the same

**09 NOVEMBER 25**

Happy Street

**11 NOVEMBER 25**

Speaker Meeting

**23 NOVEMBER 25**

Fellowship Meeting

**03 DECEMBER 25**

2 Nights 3 Days  
Ann's Picnic to a  
Village Wankaner  
in Gujarat

**09 DECEMBER 25**

Speaker Meeting

**23 DECEMBER 25**

Christmas Celebration  
Fellowship Meeting

## The Activities Planned for the Rotary Service Week are as follows

Sunday 02<sup>nd</sup> November

Eyecare

Monday 03<sup>rd</sup> November

Cybercrime

Tuesday 04<sup>th</sup> November

Blood Donation

Wednesday 05<sup>th</sup> November

Breast Screening

Thursday 06<sup>th</sup> November

Senior Citizens

Friday 07<sup>th</sup> November

Vocational Awards  
(Unsung heroes)

Saturday 08<sup>th</sup> November

Specially Abled

Sunday 09<sup>th</sup> November

Happy Street



# Happy Birthday



### October

- 03<sup>rd</sup> Amit Mehta
- 05<sup>th</sup> Spouse Supal Shah
- 06<sup>th</sup> Hittesh Shaah
- 06<sup>th</sup> Ojas Dave
- 08<sup>th</sup> Manoj Kothari
- 08<sup>th</sup> Spouse Shivali Shah
- 10<sup>th</sup> Bharat Shah
- 12<sup>th</sup> Bhavna Pandya
- 12<sup>th</sup> Mansi Thakkar
- 15<sup>th</sup> Honorary Dhruv Sitwala
- 15<sup>th</sup> Spouse Nikita Karbhari
- 15<sup>th</sup> Rupa Shah
- 15<sup>th</sup> Spouse Shrenik Shah
- 16<sup>th</sup> Pradeep Parikh
- 26<sup>th</sup> Dr. Shamin Karbhari
- 28<sup>th</sup> Anish Zaveri
- 29<sup>th</sup> Spouse Nila Champaneri
- 30<sup>th</sup> Spouse Dharmishta Shaah

### November

- 04<sup>th</sup> Sejal Shah
- 06<sup>th</sup> Spouse Aarti Shah
- 07<sup>th</sup> Beena Patel
- 07<sup>th</sup> Spouse Yusuf Icelwala
- 09<sup>th</sup> Spouse Kashyap Shah
- 12<sup>th</sup> Spouse Bhavesh Shah
- 12<sup>th</sup> Spouse Meena Kothari
- 13<sup>th</sup> Dr Tushar Jimulia
- 13<sup>th</sup> Yogini Shah
- 18<sup>th</sup> Sunil Choksi
- 19<sup>th</sup> Spouse Sheetal Dave
- 20<sup>th</sup> Spouse Sameer Shah
- 22<sup>nd</sup> Spouse Nupoor Zaveri
- 23<sup>rd</sup> Pavitra Bhatt

### December

- 02<sup>nd</sup> Sudhir Shah
- 05<sup>th</sup> Bharat Soni
- 05<sup>th</sup> Spouse Kavita Salvi
- 07<sup>th</sup> Spouse Atna Mehta
- 07<sup>th</sup> Spouse Jayesh Pandya
- 07<sup>th</sup> Sanjiv Zaveri
- 09<sup>th</sup> Naresh Raveschia
- 15<sup>th</sup> Spouse Amita Soni
- 18<sup>th</sup> Spouse Ishita Gandhi
- 22<sup>nd</sup> Smita Shah
- 26<sup>th</sup> Spouse Dr. Rajiv Nandani



# Happy Anniversary



### October

- 26<sup>th</sup> Yogen & Shivali Shah

### November

- 06<sup>th</sup> Parul & Paras Doshi
- 25<sup>th</sup> Lata & Mahadev Desai
- 26<sup>th</sup> Ajay & Sapna Jain
- 28<sup>th</sup> Deepen & Amita Soni
- 30<sup>th</sup> Dr. Ojas & Dr. Shraddha Dave

### December

- 04<sup>th</sup> Udayan & Amisha Bhatt
- 06<sup>th</sup> Prakash & Chandrika Patel
- 06<sup>th</sup> Amit & Atna Mehta
- 08<sup>th</sup> Rakesh & Heena Shah
- 08<sup>th</sup> Dr. Krishna & Dr. Sanjay Desai
- 10<sup>th</sup> Sunil & Deepa Choksi
- 11<sup>th</sup> Rupa & Sameer Shah
- 12<sup>th</sup> Sanjiv & Binita Zaveri
- 14<sup>th</sup> Chaitali & Shrenik Shah
- 15<sup>th</sup> Gopi & Supal Shah
- 27<sup>th</sup> Anish & Noopur Zaveri
- 27<sup>th</sup> Benita & Nayan Shah
- 28<sup>th</sup> Bharat & Jeegna Soni

# 10 PROVEN WAYS TO MASTER YOUR TO-DO LIST

By Lukas Stangl

## Pomodoro Technique

- Break work into 25-minute focused sessions followed by a 5-minute break.
- Best For: Anyone struggling with focus or prone to distractions.



## Bullet Journaling

- Use a journal to track tasks, goals, and priorities in a visual format.
- Best For: Creative individuals or those who enjoy writing.

Journal	
Task	Task
Task	Goal
Goal	Task
Goal	Goal

## Seinfeld Strategy

- Consistently complete daily tasks and mark them on a calendar. Keep the streak going!
- Best For: Habit builders and those who thrive on visual tracking.



## Rapid Planning Method (RPM)

Focus on the Result you want.

Find the Purpose behind it.

Make a Massive action plan.

- Best For: People driven by goals and purpose.

## ABCDE Method

- A Must do:** Highest priority.
- B Should do:** Important, but less urgent.
- C Nice to do:** No urgent impact.
- D Delegate:** Someone else can do it.
- E Eliminate:** Unnecessary tasks.
- Best For: People and teams with long to-do lists.

## Timeboxing

- Choose tasks.
- Set time limits.
- Add to your schedule.
- Stick to the plan.
- Adjust if needed.
- Best For: Professionals with tight schedules.

9-10	Focus Work
10-11	Emails
11-12	Meetings
12-1	Break
1-3	Meetings
3-4	Emails
4-5	Focus Work

## 2-Minute Rule

- If a task takes less than two minutes, do it immediately.
- Best For: People who procrastinate or have many small tasks.



## Ivy Lee Method

- 1 Write down the six most important tasks.
- 2 Order by priority.
- 3 Finish number 1, then continue down the list.
- 4 Best for: Straightforward daily planning method.

## Eat The Frog

- Tackle the most challenging task first thing in the morning.
- Best For: Individuals who avoid difficult tasks.

Challenging
1 Task.
2 Task.
3 Task.

## Time Tracking

- Monitor how much time you spend in specific activities to identify patterns and improve efficiency.
- Best For: Anyone looking to optimize their daily schedule.



**“WHAT YOU DO HAS FAR GREATER IMPACT THAN WHAT YOU SAY”**

- STEPHEN COVEY

# Restaurant of Mistaken Orders Brings Smiles –Tokyo, Japan.

**This Japanese cafe will get your orders wrong but your heart and stomach will still be full.**



In Japan, known as a super-aging society, dementia is predicted to affect one in five people by 2025. In such circumstances, an innovative social experiment has caught the attention of Japan and the world.

It's called the "Restaurant of Mistaken Orders" - a restaurant where orders and deliveries sometimes go astray. Yes, we've come to a place where the waiters and waitresses all have some degree of cognitive impairment.

The impetus for starting this pop-up restaurant comes from an encounter between the creator Shiro Oguni and a community home where people with dementia live. "Like everybody else, my awareness of dementia at first tended towards negative images of people who were 'radically forgetful' and 'aimlessly wandering about'! But actually, they can cook, clean, do laundry, go shopping and do other 'normal' things for themselves. Close-up, they might go a little off course now and then, but..."

Lunchtime. The order was for a Hamburger steak, but Oguni was served a plate of gyoza (potstickers) instead. "As everybody around me was eating with such gusto, and I felt quite muddled and wondered if perhaps it was me who was in error." Oguni noted, "Why raise our eyebrows at the difference between sizzling steak and gyoza? 'So it's a mistake, well, fine!' Given that kind of tolerance, the dining scene can become relaxed and delightful."

Made possible by the help of many people, the "Restaurant of Mistaken Orders" is indeed a place where mistakes happen. One older woman shows her guests to a table and then sits down with them. Another serves a hot coffee with a straw. Yet another older woman struggles to twist a large pepper mill, not entirely sure that the pepper will fall where it's wanted. Everybody at the table pitches in to help, and with cries of "We did it!" all join in the laughter. However, "The restaurant is not about whether orders are executed incorrectly or not," notes Oguni. "The important thing is the interaction with people who have dementia."

When guests see the smiles of the staffers with dementia, and the joy that motivates their work, some feel a spirit of courage, while others are moved to tears. And invariably, the servers say such things as "I'm still capable. This has given me confidence." The negative image of dementia was replaced by a fun, positive one. Dementia is not what a person is, but just part of who they are. People are people. The change will not come from them, it must come from society," observes Oguni. "By cultivating tolerance, almost anything can be solved



**Editors Column:** This is a perfect example of how we can approach issues, help understand people, sympathize and encourage individuals with dementia to be active and contribute to society. Orders mix ups will be common, but we should all embrace the mistakes as part of the experience and show kindness.

Just as Life serves up untimely, unexpected challenges to us, though unexpected we still deal with it. Same with the food orders, laugh at the mistaken order served, embrace the imperfections of life and enjoy the food. Life and people are not perfect, but the imperfections define us.

It's a great positive social experiment to make the society more inclusive and understanding to the needs of others in the community.

